

**LIFE GROUP DISCUSSION GUIDE - Week 8**  
**The Armor of God**  
**Ephesians 6:10-24**

1. As we wrap up our study, what is something you appreciate about this letter or something you have enjoyed about our time together?
  
2. Read Ephesians 6:13-17. Pastor Paul mentioned that putting on the Armor of God is the practical application of living out our New Life in Christ. It is being clothed with Christ's character and power. Discuss the meaning of each piece and some practical ways to put it on each day.
  - The Belt of Truth
  - The Breastplate of Righteousness
  - The Shoes of the Gospel of Peace
  - The Shield of Faith
  - The Helmet of Salvation
  - The Sword of the Spirit (the Word of God)
  
3. Read Ephesians 6:18-24. What does it mean to "Pray in the Spirit at all times and on every occasion?"

How have you grown in your prayer life and in what ways do you still want to grow?

4. As we transition into our prayer time, Paul encourages us to pray for all believers everywhere, for our spiritual leaders, and for the spread of the gospel. Take time to pray for these things, including our upcoming Easter services, as well as any other prayer requests in the group.

Life Groups will start again in September, but there are many opportunities to stay connected. The groups and class catalog is now available for April - August. If you have not taken the Growth Track, make a commitment to complete it over the next few months. If your group wants to continue meeting through the Spring and would like recommendations on study materials, let us know!