

LIFE GROUP DISCUSSION - WEEK 1
EPHESIANS: God's Plan for God's People
Ephesians 1:1-23

1. Take some time to catch up or get introduced to one another
2. Read Ephesians 1:1-14
3. As a group, list out the blessings we have from God in this section.

Share how one of these blessings has been particularly meaningful to you, or share one that is challenging for you to fully appreciate or receive.

4. This section calls us to a response of praise. What are simple ways we can praise God all through our week? What would it look like to praise God in all area's of my life (not just singing)?
5. Read Ephesians 1:15-23

Paul prays that they would grow in their knowledge of God, in their confident hope, and in their understanding of God's power for them. Why did Paul pray for these things and why should we?

6. Is there anything else from this week's reading that stood out to you or you want to discuss further?

PRAYER

How can we pray for one another this week?

Start your prayer time in the following way (then pray for the other requests voiced):

- Ask one person to begin the prayer time by praising God for his blessings.
- Ask a 2nd person to pray that we would grow in our knowledge of God.
- Ask a 3rd to pray that we would understand our confident Hope.
- Ask a 4th person to pray that we would understand the greatness of God's power.