

**GROUP DISCUSSION GUIDE**  
**Romans 7:1-25**  
**Week 3**

1. What is something your parents told you not to do that only made you want to do it all the more?
  
2. Read Romans 7:1-6
  - What does it mean that we have “died to the power of the law”?
  - In verse 6, what does it mean to serve God in the “new way of the Spirit” as opposed to the old way of the “written code”?
  - Any other insights or questions you want to discuss with the group?
  
3. Read Romans 7:7-13
  - What is the purpose of the law if it can't save us?
  - Why is the Old Testament still important to us as Christians? What is an example of Old Testament teaching that is instructive to our lives but we don't follow as law?
  - Any other insights or questions you want to discuss with the group?
  
4. Read Romans 7:14-25
  - How does it make you feel knowing the struggle against the sin nature is common to all Christians?
  - Pastor Mark shared some specific ways to combat our sin nature:
    1. Admit our helplessness. The more we grow in Christ the more we'll have a heightened awareness of our own personal sin. How have you found this to be true?
    2. Paul ends with ‘Thanks to be God through Jesus Christ our Lord’! How does thankfulness for what Christ has done help us combat our sin nature (law dog vs grace dog)? Share in your own words how you feel about God's grace in your life.
  - Any other questions or insights you want to discuss with the group?
  
5. Take time to pray for one another.